

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			10:00 AM - Tai Chi 11:30 AM - Friends of COA 1:00 PM - COA	8:15 AM - Aerobics
5	6	7	8	9
8:15 AM - Aerobics 10:00 AM - Mah Jongg 1:00 PM - Happy Hearts	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting		10:00 AM - Tai Chi	8:15 AM - Aerobics
12	13	14 Valentines Day	15	16
8:15 AM - Aerobics 10:00 AM - Mah Jongg 1:00 PM - Happy Hearts	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting 1:00 PM - Bingo		10:00 AM - Tai Chi 11:30 AM - Friends of COA	8:15 AM - Aerobics
19 President's Day	20	21	22	23
C L O S E D	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting	10:00 AM - Line Dance	10:00 AM - Tai Chi	8:15 AM - Aerobics
26	27	28		
8:15 AM - Aerobics 10:00 AM - Mah Jongg	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting 1:00 PM - Bingo	9:00 AM - Food Distribution 9:00 AM - Health Clinic 10:00 AM - Line Dance		

Council on Aging
1 North Main Street
Berkley, MA 02779

Return service requested

PRESORTED STANDARD

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BERKLEY COUNCIL ON AGING
NEWSLETTER
FEBRUARY 2018

Currently we have two vacancies on the board that we are looking to fill.
Anyone interested should contact the COA at 508-821-3105.