



Berkley Council On Aging Newsletter

February 2019

BOARD MEMBERS:

Chair - Joan Blake; Vice Chair - vacant; Treasurer - Margret Clark-Moroff; Committees Coordinator - Mary Silva;
Program Coordinator and Acting Secretary- Nancy Thompson; Member- Loretta Marshall

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes as long as possible.

Up coming events

1. Check the calendar for exercise schedules!
2. Make your manicure appointment for Tuesday, Feb 26th. First come first served. Call 508-821-3105 for an appointment.
3. Lunch and a Movie for Valentine's Day on Wednesday, February 13th. Lunch at noon and Movie (When Harry Met Sally) will follow.. Please call in a reservation by February 6th so we will have a number for the caterer. Call 508-821-3105. No cost for Berkley seniors; \$8.00 donation for out of town seniors.
4. There will be no Body in Motion on Feb 13, 20, 27 as Lestyn is away.
5. Ceramics Wednesday, February 20th 1:00. St. Patrick's day decoration.
6. Food Distribution and Health Clinic on Wednesday, February 27th.
7. COA Board of Directors will be meeting on Thursday, February 7th at 11:00 AM, please attend if you are interested in joining the Board. We are looking for help!
8. Paint Day with Amy, Wednesday, February 27th at 1:00 Come paint a winter scene. No experience necessary!

Important Phone Numbers

FIRE/ POLICE

MEDICAL

911

Attorney General's

Elder Hotline

(10-5) M-F (888) 243-5337

Berkley

Council on Aging

(508) 821-3105

CouncilOnAging@berkleyma.us

Bristol Elder Services

(508) 675-2101

Citizens for Citizens

(508) 823-6346

Food/Rent/Mortgage

Assistance (508) 823-6346

Fuel Assistance

(508) 679-0041

MA Council on Aging

www.mcoaonline.com

SHINE

(508) 821-3105

State Senator Marc Pacheco

District Office 508-822-3000

State House 617-722-1551

State Rep. NORMAN ORRALL

9:30—10:30 a.m., Town Hall

1st Monday of each m

Veterans Services

Donald Hirschy

(508) 669-4524

	7	2	8	1				3
			4			5	1	
		1						
		4		9			6	
		8				2		
	6			7		1		
						6		
	8	9			1			
5				3	9	4	8	

Daily SuDoku: Tue 15-Jan-2019

medium

(c) Daily SuDoku Ltd 2019. All rights reserved.

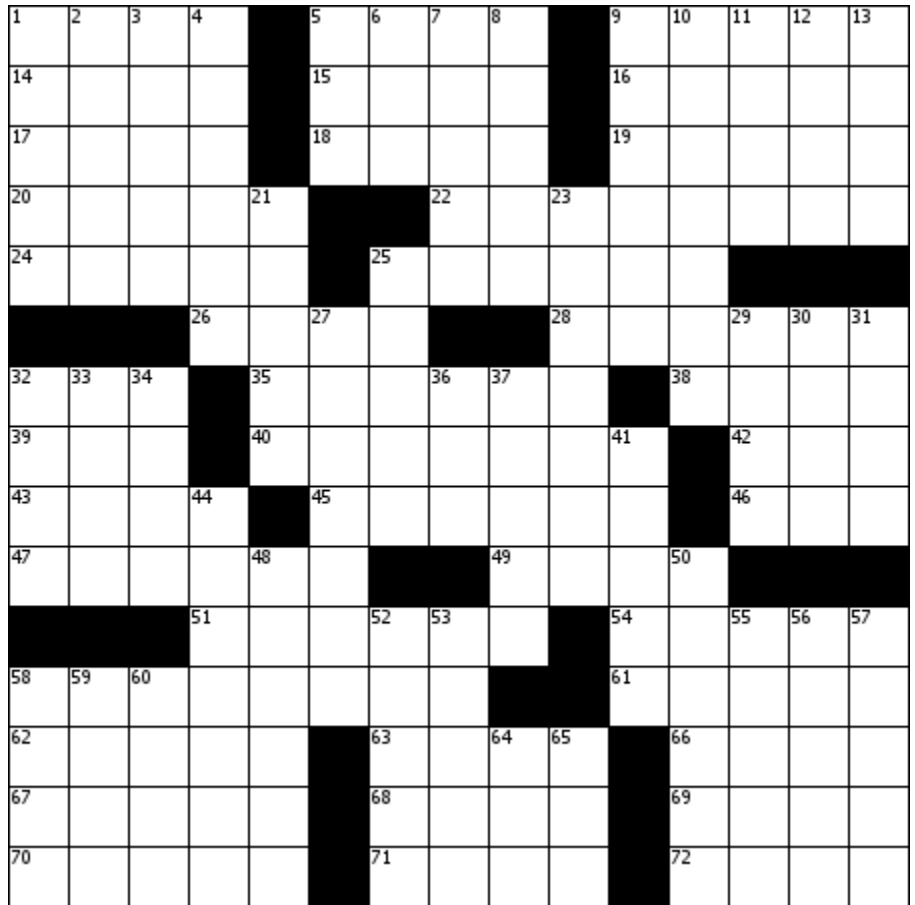
There is a MA “Circuit Breaker” Income Tax CREDIT available for eligible Homeowners and Renters. You MUST file a MA state income tax form (Form 1 and Schedule CB) to claim it. There are packets available at the COA explaining it. You may file to get a refundable credit for the last 3 years tax returns if eligible. You must be 65 or older by the end of the tax year that you are claiming. Income limits for 2018: Single \$58,000; Head of Household \$73,000 and Married filing jointly \$88,000.

Across

- 1. Client
- 5. School table
- 9. Wheat by-product
- 14. Unchanged
- 15. Show boredom
- 16. Brownish gray
- 17. Platoon
- 18. Toledo's lake
- 19. Makes eyes at
- 20. Storage room
- 22. Most distant
- 24. Sci-fi weapon
- 25. Assert
- 26. Gentle animal
- 28. Poked fun at
- 32. Chump
- 35. Make glad
- 38. Budge
- 39. Wise bird
- 40. Emotional stress
- 42. TKO caller
- 43. Clairvoyant one
- 45. Cuban leader
- 46. Strive
- 47. Weirdest
- 49. Negative contraction
- 51. Obtained illegally
- 54. Chicago's airport
- 58. Made a difference
- 61. Passover feast
- 62. Baseball blunder
- 63. Staff officer
- 66. Actor's desire
- 67. Memorize
- 68. Store away
- 69. Rock's ____ Clapton
- 70. Cassettes
- 71. Biblical pronoun
- 72. Religious group

Down

- 1. Normal
- 2. December visitor
- 3. Gives forth
- 4. Knotted again
- 5. Coloring substance
- 6. Hearing organ
- 7. Twisting shape
- 8. Genuflect
- 9. Curly or Moe
- 10. Wrestling duo (2 wds.)
- 11. Reign
- 12. Orangutans
- 13. East's opposite
- 21. Moved sneakily
- 23. Crater makers
- 25. Ring
- 27. Voter
- 29. Ilk
- 30. Happily ____ after
- 31. Resist
- 32. Mediocre (hyph.)
- 33. Astounded
- 34. Implored
- 36. Mule's kin
- 37. Peaceful protest (hyph.)
- 41. Forbidden items (hyph.)
- 44. Make like new
- 48. Ships' rears
- 50. "____ Something About Mary"
- 52. Slightest
- 53. Mrs. Bunker
- 55. Love dearly
- 56. Ancient object
- 57. Put up
- 58. Soften
- 59. Location
- 60. Snare
- 64. Fawn's mom
- 65. Flock mother



Valentine's Day

6	7	2	8	1	5	9	4	3
8	9	3	4	2	7	5	1	6
4	5	1	9	6	3	8	2	7
7	1	4	2	9	8	3	6	5
9	3	8	1	5	6	2	7	4
2	6	5	3	7	4	1	9	8
1	4	7	5	8	2	6	3	9
3	8	9	6	4	1	7	5	2
5	2	6	7	3	9	4	8	1

(c) Daily Sudoku Ltd 2019. All rights reserved.

Daily Sudoku: Tue 15-Jan-2019

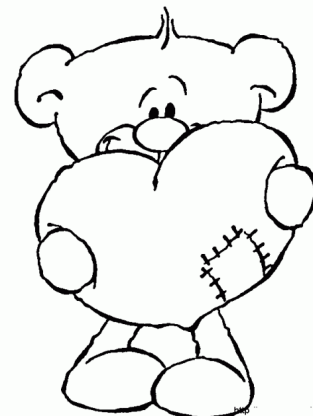
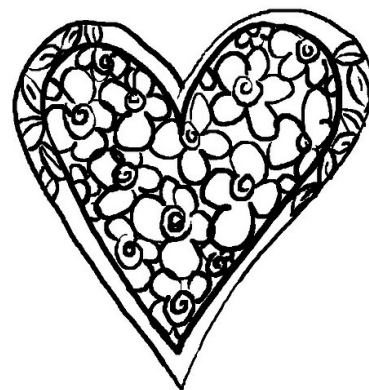
medium

We do not charge for our exercise programs at this time, but donations are gratefully accepted. Donations help us make more programs and events available.

Things happen, if you sign up for an event and cannot make it, please call and let us know! When there is no cost to participants, the COA is paying for it. Sometimes we still have to pay a per person charge for “no shows” and sometimes we have a waiting list and could have offered the spot to someone else!

Puzzle Solution © OnlineCrosswords.net

U	S	E	R		D	E	S	K		S	T	R	A	W
S	A	M	E		Y	A	W	N		T	A	U	P	E
U	N	I	T		E	R	I	E		O	G	L	E	S
A	T	T	I	C			R	E	M	O	T	E	S	T
L	A	S	E	R		A	L	L	E	G	E			
			D	E	E	R			T	E	A	S	E	D
S	A	P		P	L	E	A	S	E		M	O	V	E
O	W	L		T	E	N	S	I	O	N		R	E	F
S	E	E	R		C	A	S	T	R	O		T	R	Y
O	D	D	E	S	T			I	S	N	T			
			S	T	O	L	E	N		O	H	A	R	E
M	A	T	T	E	R	E	D			S	E	D	E	R
E	R	R	O	R		A	I	D	E		R	O	L	E
L	E	A	R	N		S	T	O	W		E	R	I	C
T	A	P	E	S		T	H	E	E		S	E	C	T

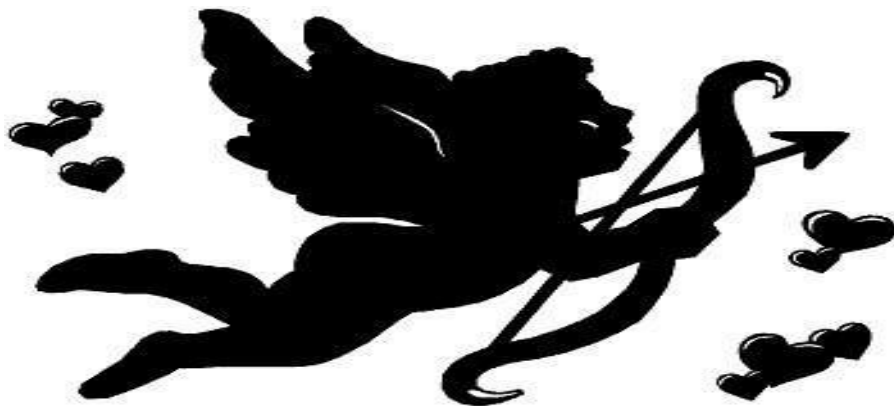


The Friends of The COA will be bringing their famous luncheons back in May!! The season will begin with their Chow Mein lunch. Set a reminder on your calendar for

MAY 22ND!

Also Coming in MAY:

Do not forget to sign up for the Paw Sox game. There is still room, but the bus is filling up fast. This is at no cost to Berkley seniors and our out of town senior guests pay only \$25.00. The day includes, the bus transportation (coach bus) to and from the park. Reserved seating and you will be served a hot dog, chips and a soda at your seat. You will also be receiving a Paw Sox baseball cap. Hope to see you there!





Wednesday February 20th 1:00 PM

Come to ceramics and create a St. Patrick's Day decoration.

Call and reserve a spot for this fun time! 508-821-3105

March Ceramic Preview, adorable "chocolate" bunnies!

Wednesday March 20th we will make these adorable "chocolate" bunnies in ceramics!



WE CAN BE CRAFTY!

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Aerobics 8:15 Coffee and Chat 9:00	2
3	4Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30	5YOGA 9:00 Tai Chi 10:30 Quilting 11:30 BINGO 1:00	6 Body In Motion 10:00	7 Tai Chi 10:00 COA BOD 11:00 Bridge 2:00	8 Aerobic 8:15 Coffee and Chat 9:00	9
10	11Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30 KFC	12YOGA 9:00 Tai Chi 10:30 Quilting 11:30	13 Luncheon and MOVIE When Harry Met Sally	14 Tai Chi 10:00 Bridge 2:00	15 Aerobic 8:15 Coffee and Chat 9:00	16
17	18Aerobics 8:15 Mah Jong 10:00	19YOGA 9:00 Tai Chi 10:30 Quilting 11:30 BINGO 1:00	20 Ceramics 1:00	21 Tai Chi 10:00 Bridge 2:00	22 Aerobics 8:15 Coffee and Chat 9:00	23
24	25Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30	26YOGA 9:00 Tai Chi 10:30 Quilting 11:30 Manicures by appt.	27 Food Distribution Health Clinic Paint Party 1:00	28 Tai Chi 10:00 Bridge 2:00	29 Aerobics 8:15 Coffee and Chat 9:00	

Call COA at 508-821-3105

♥ Happy Valentines Day ♥

Council on Aging
1 North Main Street
Berkley, MA 02779

PRESORTED STANDARD
U.S POSTAGE PAID TAUNTON, MA
PERMIT NO. 73

RETURN SERVICE REQUESTED

CERAMICS

The distribution of this newsletter is made possible by a grant from the Massachusetts Office of Elder Affairs.

