

BERKLEY COUNCIL ON AGING NEWSLETTER JANUARY & FEBRUARY 2016

BOARD MEMBERS: Chair– Gerry Durette, Vice Chair - Mary Silva, Treasurer- Carolyn Peloquin, Programs-Priscilla Martin, Outreach Coordinator– Donna Benoit, and Member-Robert Sullivan. Currently we have one vacancy we are looking to fill. Anyone interested should contact Gerry Durette at 508-813-6418.

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

<u>COA Board Meeting</u>: The meetings for the next two months are scheduled for 1PM on January 8 and February12 at the **Berkley Senior Center**. The agenda for each meeting is posted in the Town Hall 48 hours before each meeting. For additional information on the COA meetings please call our office @ 508-821-3105. Anyone interested in COA is welcome to attend.

COA Events

<u>Aerobics</u>: Mondays and Fridays at the **Berkley Senior Center** at 8:15 AM: Note: Due to holidays there will be **no Aerobic** classes on **January 1 & 18 and February 15.**

Yoga: Tuesdays at the Berkley Senior Center at 9:00 AM.

Line Dancing: Please plan on joining our group of Line Dancers every Wednesday at 10 AM at the **Berkley Senior Center**.

<u>Reminder</u> Please stay tuned to your television or radio station for Weather Alerts and Cancelations.

Food Distribution & Health Clinic: The Food Distribution for the month of January will be on <u>January 22</u> and for February will be <u>Feburary 26</u> from 9:00AM - 10:00AM at the **Berkley Senior Center.** Also, if the recipient is physically impaired and cannot pick up their Brown Bag they can have a designated family member or friend pick it up for them. Important Phone Numbers

> FIRE/ POLICE MEDICAL 911

Berkley Council on Aging Hours: Mon. thru Fri. 9:00 AM to 4:00 PM

(508) 821-3105

berkleycoa2013@aol.com

Bristol Elder Services (508) 675-2101

Attorney General's Elder Hotline (10-5) M-F (888) 243-5337

Citizens for Citizens (508) 823-6346

> Fuel assistance (508) 679-0041

Food/Rent/Mortgage Assistance (508) 823-6346

Veterans Services Donald Hirschy (508) 669-5027

<u>SHINE</u> Needs of Elders 1-800-987-2510

MA Council on Aging www.mcoaonline.com January/February 2016

COA Events—Continued



<u>Bingo</u> will be on Tuesday, <u>January 12 & 26</u> and <u>February 9 & 23</u> at 1:00 PM at the **Berkley Senior Center**. Meet your friends, share your interests and have fun! It's a great way to spend your day!

Podiatry Clinic: The next clinic will be held from 10AM - 4PM on Thursday, **February 11** at the **Berkley Senior Center**.

If you need more information or you would like to make an appointment, please call Leanne at (508) 822-9381.

Quilting Club: Starting in January 2016 the BCOA (Berkley Council on Aging) is offering seniors the opportunity to join the newly formed "**Quilting Club**". The club will be meeting on Fridays from 1 to 4 at the **Berkley Senior Center**. All skill levels are welcome.

To join the club and share the fun of quilting with other quilters please call the BCOA @ 508-821-3105 and register or just show up.

Upcoming COA Events

<u>Home Safety for Older Adults</u>: This program is being offered by Captain Franco of the Berkley Fire Department on **Thursday March 10th at 1:30 PM** at the **Berkley Senior Center**. Topics covered will be the cause and tips for prevention of electrical and cooking fires. Also covered will be the importance of house numbering.

To register for this presentation please call the BCOA @ 508-821-3105.



LUNCH AT THE SILVER PLATTER RESTAURANT March 15 at 11:30 AM



The Berkley Council on Aging invites you to join us for lunch on **Tuesday, March 15 at 11:30 AM** at the **Silver Platter Restaurant at Bristol Plymouth High School.**

Chicken or Fish (your choice) will be served along with soup, dessert, and a beverage all for only \$7.50. The students prepare and serve the meals in a delightful atmosphere for your dining pleasure. You dine, they smile. Come join us for a fun and relaxing day!

Please make your reservation on or before <u>March 8</u> by calling the Council on Aging at (508) 821-3105

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January/February 2016

Other Community Activities

The Friends of the Berkley Council on Aging: Meetings are usually scheduled for the 1st Thursday of the month at 11:30 AM at the **Berkley Senior Center**.

This year the Friends have decided to take a winter break before starting to plan for next year's annual Craft Fair. The next scheduled meeting of the Friends of the Berkley Council on Aging will be in April 2016.

Please note that anyone of any age can join the <u>Friends</u>. For more information contact Jackie Arnoe at 508-822-9634.

<u>"Happy Hearts"</u> meet every week at the **Berkley Senior Center at 1 North Main Street** on Mondays at 1:30 p.m. New members are always welcome. If you are a senior and interested in joining this fun group, you can contact Roberta StYves @ 508-386-2047 for more information.

Berkley Public Library: In January the Library will be adding two genealogical databases, **Heritage Quest**, which will be available from your home computer, and **Ancestry.com** which will only be available from inside the Library. Please note you'll need a library card to access either of these programs.

In conjunction with the Berkley Library offering of these free programs the Berkley Council on Aging is proud to host the presentation on "**Getting onto Genealogy**" presented by **Kathleen Rubano**, President of the Bristol County Chapter of the Massachusetts Society of Genealogists. This program will get you started growing your family tree and learn the basics of genealogical research.

Mark your calendars and plan on attending "Getting into Genealogy" on **January 26 at 7 PM at the Berkley Senior Center.** No registration is required just show up to learn how to discover your roots through the use of these free programs.

Ancestry and Heritage Quest

Meet your House and Senate State Representatives:

State House Representative Keiko M Orrall will host office hours in Berkley to give constituents an opportunity to meet with her or a staff member and discuss current events and issues. Office hours will be held at the Berkley Town Office 1 North Main Street on the <u>first Monday of each month from 9:30 AM to 10:30 AM</u>. Rep Orrall's office may also be contacted at 617-722-2090 or Keiko.Orrall@mahouse.gov to schedule a personal appointment.

State Senate Representative Marc R. Pacheco will host office hours in Berkley to give constituents an opportunity to meet with him or a staff member and discuss current events and issues. Office hours will be held at the Berkley Town Office 1 North Main Street on the <u>third Tuesday of each month from 11:00 AM to 12:00 PM</u>. Senator Pacheco's office may also be contacted at 617-722-1551, 508-822-3000 or Marc.Pacheco@masenate.gov to schedule a personal appointment.

| January | /February | 2016 |
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Other Community Activities Continued

| Fire/Rescue Department to assist | gram that works in cooperation with the Council on Aging and Berkley the senior population in making their homes safer. |
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| assessment for a variety of servic trip prevention, heating safety, ba | free service that provides seniors with at home well-being checks, and needs ees. The home visit will include information on a medical identification program, athroom safety, cooking safety, blood pressure checks, and smoke and CO detector seniors with referral programs such as meals on wheels, food pantry, and tions. |
| | e Berkley Cares Program, please fill out the attached form and return it to Berkley iley or call Berkley Fire/Rescue Dept 508-822-7516. |
| Sincerely, Chief Scott Fournier Berkley Fire/Rescue | |
| Fill out this form if you would lil | ency Management Agency Referral Form ke Berkley Cares to visit your home or you need special help in the event of a wer outages and have no one else who will be available to assist you. |
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| 4 8:15 AM - Aerobics Senior Center | 5 09:00 AM - Yoga Senior Center | 6 10:00 AM - Line Dance Senior Center | 7 | 8 8:15 AM - Aerobics 1 to 4 PM—Quilting Club Senior Center |
| 11 8:15 AM - Aerobics Senior Center | 12 09:00 AM - Yoga 1:00 PM—Bingo Senior Center | 13 10:00 AM - Line Dance Senior Center | 14 | 15 8:15 AM - Aerobics 1 to 4 PM—Quilting Club Senior Center |
| 18—Martin Luther King Day No Aerobics | 19 09:00 AM - Yoga Senior Center | 20 10:00 AM - Line Dance Senior Center | 21 | 22 8:15 AM - Aerobics 1 to 4 PM—Quilting Club Senior Center |
| 25 8:15 AM - Aerobics Senior Center | 26 09:00 AM - Yoga 1:00 PM—Bingo 7:00 PM Genealogy Presentation Senior Center | 27 9:00—10:00 AM Food Distribution Health Clinic 10:00 AM - Line Dance Senior Center | 28 | 29 8:15 AM - Aerobics 1 to 4 PM—Quilting Club Senior Center |
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| 15—Presidents Day No Aerobics | 16 09:00 AM - Yoga Senior Center | 17 10:00 AM - Line Dance Senior Center | 18 | 19 8:15 AM - Aerobics 1 to 4 PM—Quilting Club Senior Center |
| 22 8:15 AM - Aerobics Senior Center | 23 09:00 AM - Yoga 1:00 PM—Bingo Senior Center | 24 9:00—10:00 AM Food Distribution Health Clinic 10:00 AM - Line Dance Senior Center | 25 | 26 8:15 AM - Aerobics 1 to 4 PM—Quilting Club Senior Center |
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Council on Aging 1 North Main Street Berkley, MA 02779

Return service requested

PRESORTED STANDARD U.S POSTAGE **PAID** TAUNTON PERMIT NO. 73

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Circuit Breaker Tax Refund

If you are age 65+ you can claim a refundable credit on Massachusetts State Tax for Real Estate taxes paid on residential property you own in Massachusetts and it is your principle residence or rent paid on a Massachusetts residential property that is your principle residence. Even if you normally don't file a tax return, you can file just for this refund. If the credit exceeds the amount of total income tax due, the excess is refunded without interest. Last year the maximum credit was \$1,070.

To Qualify for this program you must meet the following criteria:

- Your total income can't exceed \$57,000 if single, \$71,000 for head of household or \$85,000 for joint filers.
- The assessed value of your home can't exceed \$693,000.
- You must complete both Schedule CB worksheets and Schedule CB.

<u>Important Note</u>: If you claim married filing separate or receive a rent subsidy or rent from a landlord who is not required to pay real estate taxes or is the dependent of another taxpayer, you will not qualify for this program.

Last year only 41 tax payers in Berkley claimed this refund receiving an average refund of \$683 dollars. Talk to your tax adviser; you are entitled to this refund so why would you pass it up?