

BERKLEY COUNCIL ON AGING NEWSLETTER FEBRUARY 2017

BOARD MEMBERS:

Chair - Joan Blake; Vice Chair - vacant Treasurer - Margret Clark-Moroff; Secretary/Programs - Priscilla Martin; Committees Coordinator - Mary Silva;

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

UPCOMING COA EVENTS

April 3rd Luncheon at Bristol Plymouth High School A

Takes place at Silver Platter
7.50 per person call COA to register
Limited seating



Turning 65 this year?

Medicare and supplemental insurance choices can be confusing. Let Lucille, our outreach worker, help you. She knows all the ins and outs! Call her at 508-821-3105.



<u>Important Phone Numbers</u>

FIRE/ POLICE MEDICAL 911

Attorney General's

Elder Hotline
(10-5) M-F (888) 243-5337

Berkley
Council on Aging
(508) 821-3105
CouncilOnAging.com

Bristol Elder Services (508) 675-2101

Citizens for Citizens (508) 823-6346

Food/Rent/Mortgage
Assistance (508) 823-6346

<u>Fuel Assistance</u> (508) 679-0041

MA Council on Aging www.mcoaonline.com

<u>SHINE</u> (508) 821-3105

State Rep. KEIKO M. ORRALL 9:30-10:30 a.m., Town Hall



Winter is Still Here, Stay Safe!

- ⇒ Watch your step
- ⇒ Dress warm
- ⇒ Drive with Caution

Remember:

COA meetings on the 1st and 15 in the Activity Room of Town Hall

March 2018

	Mon	Tue	Wed	Thu	Fri
				1 10 AM— Tai Chi 11:30 AM— Friends of COA	2 8:15 AM—Aerobics
5 8:15— Aero 10:00 AM- Jongg	– Mah	6 9:00 AM— Yoga 10:30— Friends of COA	7 10:00 AM— Line Dance	8 10:00 AM— Tai Chi	9 8:15 AM— Aerobics
1:00 PM— 12 8:15 AM— 10:00 AM- Jongg 1:00 PM—	Aerobics – Mah	11:30— Quilting 13 9:00 AM— Yoga 10:30 AM— Tia Chi 11:30 AM— Quilting	14 Valentines Day 10:00 AM— Line Dance	15 10:00 AM— Tai Chi 11:30— Friends of COA	16 8:15 AM— Aerobics
19 Pre	esidents ay	1:00 PM— Bingo 20 9:00 AM— Yoga 10:30 AM— Tia Chi 11:30 AM— Quilting	21 10:00 AM— Line Dance	22 10:00 AM— Tai Chi	23 8:15 AM— Aerobics
26 8:15 AM— 10:00 AM- Jongg		27 9:00 AM— Yoga 10:30 AM— Tia Chi 11:30 AM— Quilting 1:00 PM— Bingo	28 9:00 AM— Food Distribution 9:00AM— Health Clinic 10:00 AM— Line Dance	29 10:00 AM— Tai Chi	30 8:15 AM— Aerobics

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BEER
BELFAST
BISHOP
CABBAGE
CELEBRATION
CELTIC CROSS
CHRISTIAN
CLOVER
CORK
CORNED BEEF

DANCING DUBLIN EVENTS FEAST DAY FESTIVAL GREEN GUINNESS HERITAGE HISTORY HOLIDAY HOLY DAY
IRELAND
IRISH
LEPRECHAUN
LIMERICK
MARCH
MISSIONARY
MUSIC
PARADE
PATRON SAINT

POTATOES SEVENTEENTH SHAMROCK SNAKES SODA BREAD TRADITION YEARLY

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Council on Aging
1 North Main Street
Berkley, MA 02779

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