



## Berkley Council On Aging Newsletter

June 2019

### **BOARD MEMBERS:**

Chair - Joan Blake; Vice Chair - vacant; Member- Margret Clark-Moroff; Committees Coordinator - Mary Silva; Program Coordinator and Acting Secretary- Nancy Thompson; Member- Loretta Marshall

Associate Members: Mary Shilonski, Priscilla Martin

### **Mission Statement**

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

### *Up coming events*

1. Saturday, June 8th the Planning Board is hosting a meeting regarding the Master Plan in the COA Activity Room from 10:00—12:00
2. Wednesday, June 12th we will have Ceramics at 1:00. Call to register!
3. Friday, June 14th Coffee Caffe 10:30 AM Mindfulness with Ethel Fraga.
4. Tuesday, June 18th at noon. Lunch on the Farm. Free to Berkley seniors. Call for a reservation.
5. Friday June 21st we will be having lunch at the Atlantic Resort and attending the Newport Flower Show. Reservations are required.
6. Manicures, Tuesday June 25th, by appointment only. Please call for your reservation.
7. Wednesday, June 26th we have Brown Bag Pick up between 9:00 and 10:00. Please be prompt.
8. Wednesday June 26th 9:00—10:00 Health Clinic.
9. Wednesday June 26th 11:30 –1:00 Friends of the Council on Aging will be serving their famous meatball subs. For \$6.50 you get a sub, drink, chips and dessert. Dine in or Take out! Please call to reserve your lunch! Movie Following: Crazy Rich Asians.

## **Important Phone Numbers**

**FIRE/ POLICE**

**MEDICAL**

**911**

**Attorney General's**

**Elder Hotline**

**(10-5) M-F (888) 243-5337**

**Berkley**

**Council on Aging**

**(508) 821-3105**

**CouncilOnAging@berkleyma.us**

**Bristol Elder Services**

**(508) 675-2101**

**Citizens for Citizens**

**(508) 823-6346**

-

**Food/Rent/Mortgage**

**Assistance (508) 823-6346**

**Fuel Assistance**

**(508) 679-0041**

-

**MA Council on Aging**

**www.mcoaonline.com**

**SHINE**

**(508) 821-3105**

**State Senator Marc Pacheco**

**District Office 508-822-3000**

**State House 617-722-1551**

**State Rep. NORMAN ORRALL**

**9:30—10:30 a.m., Town Hall**

**1st Monday of each month**

**Veterans Services**

**Donald Hirschy**

**(508) 669-4524**

## **Would you like to memorialize or honor someone?**

What better way then through a donation to the Berkley Council on Aging. There are envelopes, for this purpose, available at the center. The family of the person you memorialize will receive an acknowledgement of your memorial. The person that you want to honor will receive an acknowledgement that you have honored them in such a meaningful way.

**Celebrate July 4th** at the Berkley Town Common from 11:30—1:30 with entertainment by the **Sultans of Sax**.

Free Lunch : Hot dogs, soda and chips

Sponsored by the Berkley Council on Aging

Available for sale by the Friends of the COA:

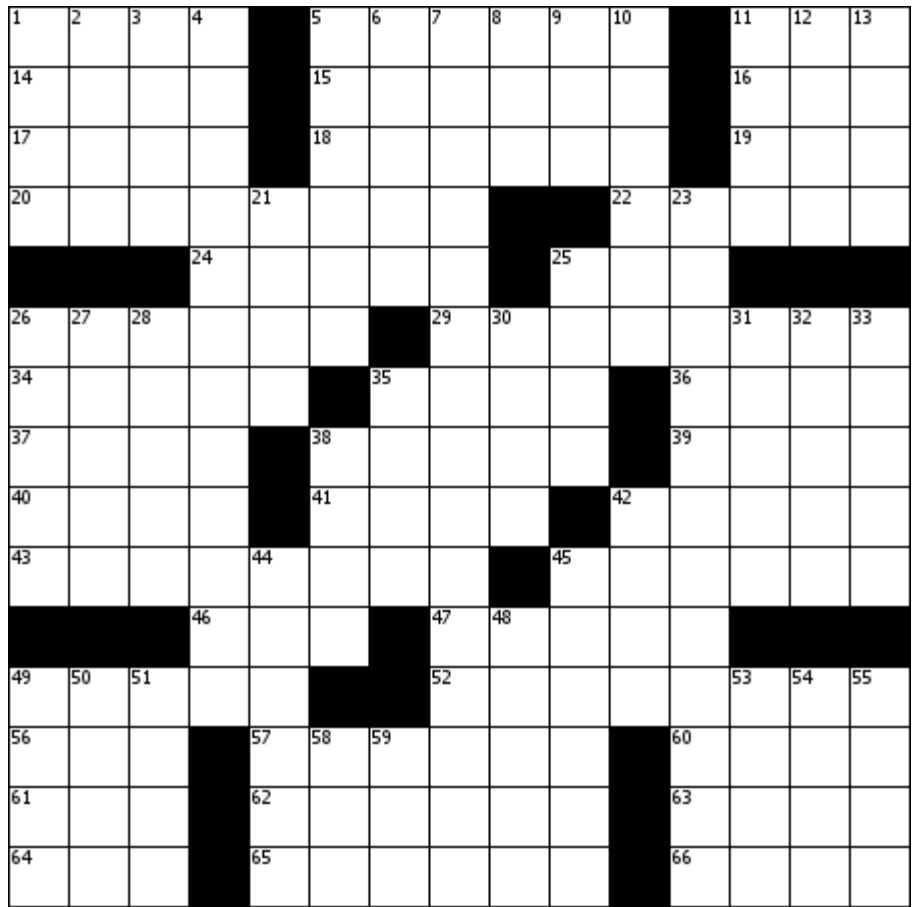
**Strawberry shortcake \$4.50**



**cross**

- 1. Horror reaction
- 5. Like some radials
- 11. Deed
- 14. Physical beginning
- 15. Anxious concern
- 16. \_\_\_\_ Paulo, Brazil
- 17. Part of U.A.R.
- 18. Threw rocks at
- 19. Sweet 16, e.g.
- 20. Aristocrats
- 22. Officiated from home
- 24. "Fidelio," e.g.
- 25. \_\_\_\_-fi (film type)
- 26. Headgear fastener
- 29. Turnips or yams, e.g.
- 34. Rule of conduct
- 35. Garden party?
- 36. Fog relative
- 37. Baldwin or Waugh
- 38. Fire indicator
- 39. Organic compound
- 40. "Au revoir"
- 41. Whale schools
- 42. Early fire-starter
- 43. Hated symbol
- 45. Removes all traces
- 46. Park it
- 47. Female fox
- 49. Exclusive news story
- 52. Whole numbers
- 56. Unit of time
- 57. Cataleptic state
- 60. Canal of song
- 61. Sawbones' gp.
- 62. Lubrication container
- 63. Vile insects
- 64. Ring count
- 65. Obtain, as support
- 66. Washington notes

**Down**



- 1. FBI guy
- 2. Start for dynamic or nautical
- 3. Use a skewer
- 4. A master of collage
- 5. Some public transportation employees
- 6. Stage direction
- 7. Proto-helicopter designer
- 8. Sun-bather's desire
- 9. Compass point
- 10. Take away
- 11. Urgency acronym
- 12. Pet store purchase
- 13. \_\_\_\_ the line (conformed)
- 21. Grand in scope
- 23. He was commissioned by Julius II
- 25. Indefinite amount
- 26. Increases molecular motion
- 27. Attorney \_\_\_\_
- 28. Eighth Greek letter
- 30. Certain hardwood sources
- 31. Hindu queens
- 32. A layer with a hole
- 33. Trapper's collection
- 35. Run \_\_\_\_ (go wild)
- 38. Barbecue rod
- 42. Gratis
- 44. Walk on eggshells
- 45. Magnitude
- 48. Quechuan peoples
- 49. Southwest offering
- 50. Dog command
- 51. \_\_\_\_ even keel
- 53. Ireland, poetically
- 54. White, brown or basmati
- 55. Envisions
- 58. \_\_\_\_ Tin Tin
- 59. More than most

Puzzle Solution © OnlineCrosswords.net

A	S	S	T	S		B	A	S	S		B	R	A	N
T	O	P	I	C		A	L	P	O		L	E	G	O
A	L	E	P	H		W	A	L	L		A	L	I	T
D	O	E		O	L	D	W	I	V	E	S	A	L	E
		D	A	L	E	Y		T	E	L	E	X	E	D
B	E	R	M	A	N		T	E	N	S				
A	S	A	I	R			O	N	C	E	O	V	E	R
N	A	P	S		T	A	R	D	Y		V	I	L	E
D	I	S	H	P	A	N	S			C	E	D	E	D
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R	A	V	E	L	G	U	I	D	E	S		A	D	D
I	T	A	S		A	S	O	N		A	T	P	A	R
C	E	L	T		T	E	N	A		L	E	E	R	Y
E	L	S	A		E	R	A	S		E	A	S	T	S

**PLEASE:** If you sign up for something and find you are going to be unable to attend, please call the center and let us know! Something that is “free” to Berkley seniors is actually being paid for by the Council on Aging. Help us manage our money wisely. Often, we have a waiting list and that spot could be utilized by someone else. Also, when you sign up for something PLEASE include your phone number, we do call the number given with a reminder

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	6							
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Puzzle Solution © OnlineCrosswords.net

G	A	S	P		B	E	L	T	E	D		A	C	T
M	E	T	A		U	N	E	A	S	E		S	A	O
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Berkley's own John Tavares was honored for his military service on the field during our recent visit to McCoy Stadium! He was then given a VIP tour of the Inner Sanctum at McCoy stadium.

Thank you John, for your service!



FRIENDS OF THE BERKLEY COUNCIL ON AGING, INC.  
(A 501(c) 3 nonprofit)

Dear Members,

Thank you so much for your support of our fundraising efforts over the past year. We appreciate all of you who attended our fundraisers, gave of your time and efforts volunteering, and opened your hearts and your wallets for us.

Among the Council On Aging programs the "Friends" supported this past year were the 4<sup>th</sup> of July Concert on the Common and COA was able to find someone to finish the kitchen and the storage closet. Both COA and Friends of COA were happy to see that done and what a fine job it was. Come on in and see how it looks. Friends of COA were able to fund the mailing of a summer newsletter to help to keep seniors up-to-date with COA Programs. In addition we provided a chocolate treat for all who attended the Holiday party. Also, Friends of COA supplies all of the coffee that is used in the COA Activity Room. We try to put out a fresh pot of coffee every day. Come on in, have a coffee and see what is going on. During the year, Friends of COA ran several lunch fund raisers in the COA Activity room, supporters from around town came to enjoy our Chow Mein sandwich and Meatball Sub lunches

Won't you please consider purchasing a membership to the Friends? Please complete the form below and send it along with your check payable to Friends of the Berkley COA, Inc. The mailing address is Friends of Berkley Council on Aging, c/o Rita Harrison, Treasurer, 20 South Main Street, Berkley, MA 02779. A membership costs \$10 for an individual, \$5 for a senior, and \$25 for a family. If you wish, you may send a donation of any amount. Donations, no matter how small, are always gratefully accepted.

If you would like to help or want more information, please call Jackie Arnoe at 508 822-9634.

MEMBERSHIP APPLICATION  
FRIENDS OF THE BERKLEY COUNCIL ON AGING, INC.

NAME \_\_\_\_\_ SPOUSE \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Individual (\$10) \_\_\_\_\_ Senior(\$5) \_\_\_\_\_ Family(\$25) \_\_\_\_\_ Donation \_\_\_\_\_



9	1	8	2	3	4	5	6	7
7	2	4	5	6	8	9	3	1
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5	6	3	7	8	2	1	4	9
2	9	7	8	5	6	4	1	3
4	8	5	1	7	3	2	9	6
6	3	1	4	2	9	7	8	5

**SCRABBLE** Anyone interested in playing Scrabble? We have scheduled a scrabble game for Friday, June 28th at 10:00 AM. We hope to make this a monthly event. If interested, sign up at 508-821-3105.

Want a place to meet with friends? Come on by and play a game, put together a puzzle, even if you want to come on in and sit on the couch and read a book! The only thing we ask is that there is quiet during YOGA and Tai Chi.

We will be sending out a “summer newsletter” next month. The monthly newsletters will resume in October.

We hope to keep the center open on really hot days this summer in case anyone needs to avail themselves of the Air Conditioning.



Across

- 1. Mgr.'s helpers
- 6. Woofer output
- 10. Cereal choice
- 14. Fuel for a debate
- 15. Brand for Bowser
- 16. Child's building block
- 17. Beth follows it
- 18. Great thing in China
- 19. Came down
- 20. Pseudonymous surname
- 21. Favorite libation of grandmothers?
- 24. Chicago political name
- 26. Sent a message the old-fashioned way
- 27. Nicknaming sportscaster Chris
- 29. Column in math
- 30. Light \_\_\_\_
- 31. Cursory inspection
- 36. Kindergarten breaks
- 37. After the deadline
- 39. Morally reprehensible
- 40. They might cause unglamorous hands
- 42. Gave up, as land
- 43. "The Farmer in the Dell" syllables
- 44. Odalisques' places
- 45. Word with high, low or user
- 49. Turn a deaf \_\_\_\_ (ignore)
- 50. Maps to places one might hear "Bolero"?
- 52. Word found on a dipstick
- 55. "I'll take \_\_\_\_ a compliment"
- 56. ". . . unto us \_\_\_\_ is given" (Isaiah)
- 57. How some shares are purchased
- 59. Highlander
- 60. Long, narrow shoe size
- 61. Smelling a rat
- 62. Designer Schiaparelli
- 63. Historical periods
- 64. Bridge seats

1	2	3	4	5		6	7	8	9		10	11	12	13
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50							51					52	53	54
55					56					57	58			
59					60					61				
62					63					64				

Down

- 1. Not much
- 2. Fledgling pilot's challenge
- 3. Fast numbers by Will Smith?
- 4. Word to the wise
- 5. Rhodes, for one
- 6. Off-color
- 7. "There oughta be \_\_\_\_!"
- 8. Hair problem
- 9. Good financial condition
- 10. World-weary
- 11. Kick back
- 12. Quick and graceful
- 13. Worthy of attention
- 22. "The Billion Dollar Brain" novelist Deighton
- 23. "Anything \_\_\_\_?"
- 25. Pennsylvania Dutch
- 27. Boston or Chicago, e.g.
- 28. Morales of "My Family"
- 29. Common sculpture subject
- 32. Hard to miss
- 33. Primates seen on home movie rentals?
- 34. Before middle sch.
- 35. Cincinnati's "boys of summer"
- 37. Type of pregame party
- 38. Busch partner
- 41. Celebrity groundhog
- 42. Dealer's deal
- 44. Own, in Dundee
- 45. Word with purchase or asking
- 46. Honey badger
- 47. Squashed O's
- 48. Roman holiday
- 49. Best, Ferber and Millay
- 51. Macbeth's burial place
- 53. Blowgun weapon
- 54. Prohibitionists
- 58. It gets into hot water



# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 8:15 Aerobics 10:00 Mah Jong 12:30 Happy Hearts	4 9:00 Yoga 10:30 Tai Chi 11:30 Quilting	5 10:00 Body in Motion	6 9:30 Tai Chi	7 8:15 Aerobics 9:00 Coffee Chat	8 Strategic Plan Committee 10:00-12:00
9	10 8:15 Aerobics 10:00 Mah Jong 12:30 Happy Hearts	11 9:00 Yoga 10:30 Tai Chi 11:30 Quilting 1:00 BINGO	12 10:00 Body in Motion 1:00 Ceramics	13 9:30 Tai Chi	14 8:15 Aerobics 10:30 Coffee Café : Mindfulness	15
16	17 8:15 Aerobics 10:00 Mah Jong 12:30 Happy Hearts	18 9:00 Yoga 10:30 Tai Chi 11:30 Quilting 12:00 Lunch on The Farm	19 10:00 Body in Motion	20 9:30 Tai Chi	21 8:15 Aerobics Newport Flower Show	22
23	24 8:15 Aerobics 10:00 Mah Jong 12:30 Happy Hearts	25 9:00 Yoga 10:30 Tai Chi 11:30 Quilting 1:00 BINGO Manicures	26 9:00 Brown Bag and Health Clinic 10:00 Body in Motion 11:30 Friends Meatball Sub lunch Movie Movie: Crazy Rich Asians	27 9:30 Tai Chi	28 8:15 Aerobics 9:00 Coffee Chat 10:00 Scrabble	29
30						

508-821-3105

Council on Aging  
1 North Main Street  
Berkley, MA 02779

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