



Berkley Council On Aging Newsletter

November 2018

BOARD MEMBERS:

Chair - Joan Blake; Vice Chair - vacant; Treasurer - Margret Clark-Moroff; Committees Coordinator - Mary Silva;
Program Coordinator and Acting Secretary – Nancy Thompson
Associate Members: Mary Shilonski, Priscilla Martin

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

Up coming events

- * Pick up your coffee cakes at the COA on Monday November 19th.
- WALK WITH US! Meet at the Town Office Building at 10:00 AM on Saturday, November 17th for a walk, culminating with social time at the COA Activity room.
- Friends of the COA Luncheon Chow Mein 11:30-1:30 Call 508-821-3105 to reserve yours! Wednesday November 28th 11:30-1:30.
- Movie Time Wednesday November 28th 1:30 following the luncheon. Come and watch Mama Mia, Here We Go Again (new release)
- Coffee Café Friday, November 16th at 10:30. Come learn about volunteer opportunities at Hospice
- Ceramic Christmas Trees Wednesday November 7th 1:00 call to reserve your spot, they are going fast! 508-821-3105.
- The Annual Christmas luncheon will be held on Saturday, December 8th at noon at Berkley Middle School starting at noon. There will be music by Tom Madden following the turkey dinner. Call 508-821-3105 to reserve your spot. No charge for Berkley seniors.
- Paint a ceramic sleigh Wednesday December 5th from 1-3. Free to Berkley seniors and \$18 for our senior guests. Call 508-821-3105 to reserve a spot.
- Manicures Tuesday November 20th Call 508-821-3105 for an appointment.
- La Salette Shrine to see the lights!! Tuesday, November 4th leaving COA at 5:00 PM
- Friday, November 16th 1:00 Craft Class, Dyeing scarves/ties. Result will be suitable for gifting

Important Phone Numbers

FIRE/ POLICE **MEDICAL**

911

Attorney General's

Elder Hotline

(10-5) M-F (888) 243-5337

Berkley

Council on Aging

(508) 821-3105

CouncilOnAging@berkleyma.us

Bristol Elder Services

(508) 675-2101

Citizens for Citizens

(508) 823-6346

-

Food/Rent/Mortgage

Assistance (508) 823-6346

Fuel Assistance

(508) 679-0041

-

MA Council on Aging

www.mcoaonline.com

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SHINE

(508) 821-3105

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Daily SuDoku: Tue 25-Sep-2018

medium

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Friend's of COA will be having a Chow Mein Lunch on November 28 from 11:30 to 1:30. Okay folks, this is the last lunch until Spring. Come on out and join us for a Chow Mein Sandwich with a drink and dessert. All this for the price of \$6.50. Walk-ins are limited so it is a good idea to make a reservation. There is a sign-up sheet in the COA Activity Room and you may call 508-824-0887 and leave a message with how many people are coming with you and someone will call you back to confirm. See you there.

We will be hosting some craft classes where you will end up with a giftable item. Make a gift or give it to yourself! November 7th we will be painting 11" ceramic light-up Christmas trees. Free to Berkley Seniors and \$20 to guests
(if space allows) call for a spot! 508-821-3105

Bingo

A lottery game "IL giuoco del lotto d'italia" was being played in Italy about 1530. In the 18th century, playing cards and tokens and the calling out of numbers were added.

The French game le lotto appears in 1778, featuring 27 squares in a layout of three rows and nine columns, five squares in each row had numbers 1-90 leading to the modern design

In the 1920's, Hugh J Ward created and standardized the game and played it at carnivals. He copyrighted it and published a rule book in 1933.

By the 1940's bingo games were popularized through the USA. by a toy merchandiser named Ewin Lowe. Lowe produced two versions a 12 card set for 1.00 and 2.00 for 24 cards.

The origin of the name bingo is unknown but rumor has it that a friend of Lowes was so excited at winning that she yelled out Bingo!

And so the game and the name go on.

The COA has bingo games on the second and fourth Tuesday of the month from 1-3 .come join us for fun refreshments and a little mooohlah.

Reminders! Please read!

Parking for the COA is in front along North Main Street, there is over flow parking across the street between the playground and the ball field. If parking in over flow please use the CROSSWALK to cross the street.

Do Not park in the spaces labeled for town office use only, those spaces are needed for citizens conducting business in the town offices.

The flow of traffic in the parking lot is one way, please abide by this. Enter only through the entrance on North Main Street and exit into the access road between the public safety building and the COA.

SHINE: Call for your appointment with Lucille 508-821-3105

We will be adding programs so please read the newsletters thoroughly.

We are adding more one day craft classes. In November there will be several craft classes. You will leave the class with a giftable item that you have created. You can gift it to yourself or gift it to someone else. Hope you will join us, it is a fun time. These classes are free to Berkley seniors and there will be a fee, depending on craft, for our senior guests.

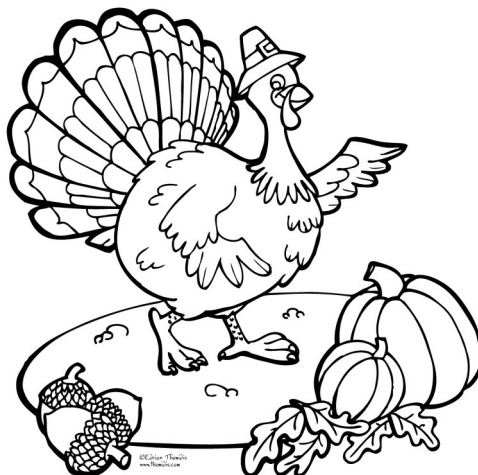
We will be offering bus trips. The first one is to La Salette Shrine to see the Holiday lights! On Tuesday , December 4th, We will meet at the COA and the bus will leave promptly at 5:00 PM. We will leave La Salette at 8:00 PM to return to the COA. There is no charge for our Berkley seniors, and \$30.00 for our senior guests as space permits. Watch future newsletters for upcoming trips!

2019 Fuel Assistance Applications are now available.

The income guidelines for 2019 are:

- 1 person income no greater than \$35,510
- 2 people income no greater than \$46,437
- 3 people income no greater than \$57,363

If you are interested in applying call the COA at 508-831-3105 and make an appointment with Lucille. All applications are **CONFIDENTIAL**.



Health Care Alert

We, at the COA, are committed to providing a comfortable, friendly environment. We also want to assure a safe, healthy space for all who visit our center. To that end, there will be hand sanitizing lotion at the table which holds our key tag system. Please use this lotion to reduce the spread of contact transmitted diseases. Also, germs are spread via the airborne method, so, if you don't feel well or think you're "coming down" with something: please stay home until you feel well.

Don't forget your flu shot!

Protect yourself and others by acting responsibly.

Thanks to all! YOUR COA



Join us November 7th 1-3 to paint yours! No cost to Berkley seniors and \$20 to our senior guests. Call 508-821-3105 to reserve your spot, spots are going fast.

On Tuesday, December 4th we will be taking a bus trip to La Salette Shrine . We will leave the Town Office Building parking lot PROMPTLY at 5:00 PM. There is no charge for Berkley residents and \$14.00 for our senior guests.

LA Salette!!!



In October we talked about FRAUD. Unfortunately, senior citizens are often vulnerable targets. I want to take a moment and tell you about the nightmare my family is in the midst of, we always felt it would not happen to us!

The news articles are referring to her as a “wealthy” widow. She never considered herself wealthy (except maybe in love) and you would not have thought of her as wealthy if you knew her. They dated for 10 years before marrying at 35 and 38. Both lived at home with parents prior to marriage. They both worked average jobs, at the same employers their entire adult life. He also worked part time as a bartender during those 10 years prior to marriage.

Once they married, they bought a house. A small cape, very nice but very unpretentious. He drove her to work each morning and picked her up after work, so they always only had 1 car. They were home bodies, and did not go out much, they just liked being home together.

They never had children. After visiting a friend in Florida, they bought a condo there and spent their vacation time at their condo. Once they retired, they split their time between Florida and Massachusetts, driving back and forth.

When their parents died, they received inheritances, which went in the bank. All they wanted to be sure of was that they could live out their life the way they always lived.

Then one winter, the pipes burst destroying the inside of their home in Massachusetts. It had to be completely renovated. They decided to spend one last summer in Massachusetts when the renovations were finished., selling the house and all the furnishings that fall. Again banking the profits. They lived simply, and were married for 50 years.

In 2011 he began to show signs of dementia and was diagnosed with Alzheimer’s 2 years later. She was advised to send him to a nursing home, but she refused instead hiring a live in male nurse who stayed for 4 years until his death.

In addition to doing all the driving, he had also handled all the bills. As his mind was failing, she was totally confused as to handling finances, and allowed someone from the bank to do it for her.

On April 30th, she was found stabbed to death in her bedroom. There was no forced entry and this was only the second recorded murder in her Florida town’s history. In September they arrested the young man from the bank. He has not been charged with her murder at this point, but he has been charged with embezzling almost a million dollars. All of the money that they had saved to ensure they could live out their lives in their condo.

It turns out, she had been an easy target, I pray she did not suffer too much. Stay vigilant !

Across

- 1. Bundled hay
- 6. Prolonged ringing
- 10. Securely closed
- 14. Rice-__
- 15. Edison's middle name
- 16. Italian tower town
- 17. Pitcher who won 200-plus games while playing in four different decades, 1929-53
- 19. Poor box donations
- 20. Logo, e.g.
- 21. Jimi Hendrix's genre
- 23. Declare
- 24. Zodiac butter
- 26. Former queen of Spain
- 27. Skating champ once married to Terry Bradshaw
- 33. Heavy reading?
- 36. Lennon's love
- 37. Plains dwelling
- 38. Airline to Ben-Gurion
- 39. Accumulated, as debts
- 42. Big bell
- 43. Path to theater seats
- 45. I, in Emden
- 46. Picnic problems
- 47. "Out of the Inkwell" classic toon
- 51. __-Mex
- 52. Santa __ winds
- 53. CBS forensic drama
- 56. Aggregates
- 61. Nantucket or Catalina
- 63. Dental exam feature
- 64. Creator of the first designer perfume
- 66. Represent in drawing
- 67. Utah ski spot
- 68. Simone's school
- 69. Sword with a blunted tip
- 70. Romanov ruler
- 71. "Virginia" dances

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Down

- 1. Innocent
- 2. Bouquet
- 3. Hotel waiting area
- 4. Organic compound
- 5. Mexican moola
- 6. Handle roughly
- 7. "Born Free" lioness
- 8. Long-legged shore bird
- 9. Thin coating
- 10. Box for practice
- 11. Hawaiian city
- 12. Gomer Pyle's outfit: Abbr.
- 13. Honey-do list item
- 18. Key with four sharps
- 22. Blowgun missile
- 25. __ Lisa
- 27. Dessert "there's always room for"
- 28. Seattle NBAer
- 29. Launched
- 30. "Once __ a time ..."
- 31. Loafer adornment, perhaps
- 32. Bulk beer buys
- 33. Hard wood
- 34. Conglomeration
- 35. Part of a Halloween costume
- 40. Pac-10 school
- 41. Sound-related
- 44. Caesar's last words
- 48. Jazz devotee
- 49. Lauds
- 50. It helps tighten a nut
- 53. Rapids transit
- 54. Fishhook connector
- 55. Waits in traffic
- 56. Wheel-supporting
- 57. Plumbing problem
- 58. Title for Agatha Christie
- 59. "Auld Lang __"
- 60. Septa- plus one
- 62. Delicate fabric
- 65. Dinghy propeller

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Monday	Tuesday	Wednesday	Thursday	Friday
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			Tai Chi 10:00 Friends 11:30 COA 12:30	Aerobics 8:15 Coffee Chat 9:15
5	6	7	8	9
Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30	Yoga 9:00 Tai Chi 10:30 Quilting 11:30	Body In Motion 10:00 Ceramic Christmas Tree Painting 1-3	Tai Chi 10:00	Aerobics 8:15 Coffee Chat 9:15
12	13	14	15	16
Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30	Yoga 9:00 Quilting 11:30 Bingo 1:00	Body In Motion 10:00	Friends 11:30	Aerobics 8:15 Coffee Café 10:30 Hospice Volunteers 1:00 Craft Dying scarves/ ties
19	20	21	22	23
Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30	Yoga 9:00 Quilting 11:30	Body In Motion 10:00	THANKSGIVING	Center Closed Today
26	27	28	29	30
Aerobics 8:15 Mah Jong 10:00 Happy Hearts 12:30	Yoga 9:00 Tai Chi 10:30 Quilting 11:30 Bingo 1:00	Body In Motion 10:00 Food Distribution & Health Clinic 10:00 Chow Mein Luncheon 11:30 Movie 1:30	Tai Chi 10:00	Aerobics 8:15 Coffee Chat 9:15

On Saturday, November 17th at 10:00 we will be asking the town to WALK WITH US. Come join us as we walk the common, refreshments at the COA will follow.



December 5 Ceramic Sleigh

December 8 COA Christmas Luncheon
BMS noon—no cost for Berkley seniors.
Call 508-821-3105 to reserve your spot.

Council on Aging
1 North Main Street
Berkley, MA 02779

PRESORTED STANDARD
U.S POSTAGE PAID TAUNTON, MA
PERMIT NO. 73

RETURN SERVICE REQUESTED

