



BERKLEY COUNCIL ON AGING NEWSLETTER

NOVEMBER 2017

BOARD MEMBERS:

Chair - Donna L. Benoit; Vice Chair - vacant Treasurer - vacant;
Secretary/Programs - Priscilla Martin; Committees Coordinator - Mary Silva;
Member, Nancy Thompson.

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

UPCOMING COA EVENTS

Thursday, November 15 - Noon to 1:30 PM - Friends of Council on Aging Lunch

Clam Chowder and a Stuffed Quahog, Dessert and Drink for \$6.50

Eat - In or Take Out!

All proceeds will go to help support COA programs.



Saturday, December 2 - Noon - Berkley Middle School

Council on Aging Holiday Luncheon

We have been busy ever since last year planning just the right holiday celebration for you and we think that we have succeeded. Because you enjoyed the students from the Somerset/Berkley High School Chorus last year, they are coming back! On top of that, the students from the Middle School will be there waiting on you and making sure that everything meets your satisfaction as they have for many years now. As in past years, D & D Caterer, who we have enjoyed, will be serving a traditional turkey dinner.

All this for a small donation of **\$5.00**** If this donation will keep you from coming, please call Priscilla or Lucille at the Council on Aging at 508-821-3105 and we will work with you to make it possible for you to attend.

PLEASE make your reservations by calling the Council on Aging ASAP and NO LATER than November 27! Remember seating is limited so reservations are a must.

****Due to budget constraints we must charge to help defray expenses.**

Important Phone Numbers

FIRE/ POLICE
MEDICAL
911

Attorney General's
Elder Hotline
(10-5) M-F (888) 243-5337

Berkley
Council on Aging
(508) 821-3105
CouncilOnAging.com

Bristol Elder Services
(508) 675-2101

Citizens for Citizens
(508) 823-6346

Food/Rent/Mortgage
Assistance (508) 823-6346

Fuel Assistance
(508) 679-0041

MA Council on Aging
www.mcoaonline.com

SHINE
(508) 821-3105

State Rep. KEIKO M. ORRALL
9:30—10:30 a.m., Town Hall
1st Monday of each month

State Sen. MARC R. PACHECO
11:00 a.m.— 12:00 noon,
Town Hall
3rd Tuesday of each month

Veterans Services
Donald Hirschy
(508) 669-4524

Turning 65 This Year?

Medicare and supplemental insurance choices can be confusing. Let Lucille, our outreach worker, help you. She knows all the ins and outs! Call her at 508-821-3105.



Friends of the Council on Aging Lunch

Wednesday, November 15 - Noon - 1:30 PM

Eat-In or Take Out

Clam Chowder, Stuffed Quahog, Dessert and drink

\$6.50

All proceeds go to funding COA programs

After a satisfying lunch join us for

Wednesday Afternoon at the Movies

November 2:00 PM

“Shall We Dance” starring

Richard Gere, Jennifer Lopez and Susan Sarandon

Despite having a great career and a loving family, lawyer John Clark (Richard Gere) is missing something in his life as he meanders listlessly from day to day. On his commute back home one night, Clark notices a stunning woman (Jennifer Lopez) in a dance studio and decides on a whim to join a class for ballroom dancing. While Clark finds a new spark in his life, his wife, Beverly (Susan Sarandon) grows suspicious of his frequent absences, since he decides to keep his dancing a secret.

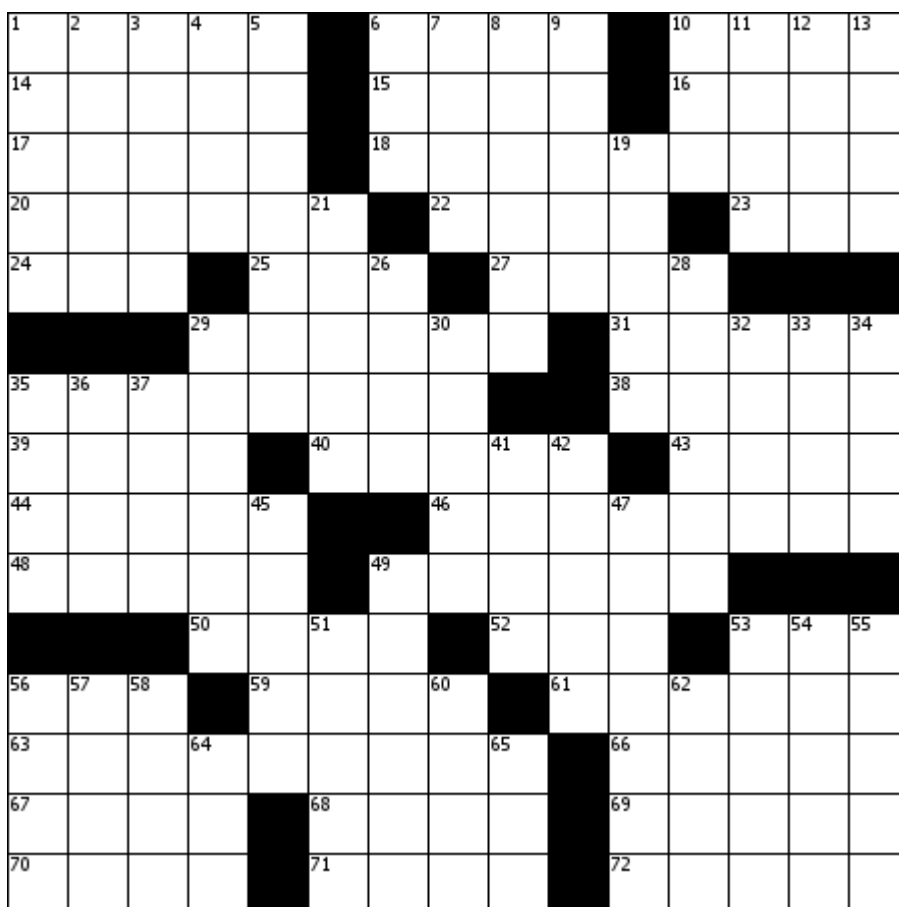
Refreshments provided.



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		10:00 AM– Line Dance	10:00 AM - Tai Chi 1:00 PM - meeting	8:15 AM - Aerobics 11:00 AM - Friends of COA
6 Daylight Savings Ends	7	8	9	10
8:15 AM - Aerobics 10:00 AM - Mah Jongg 1:00 PM - Happy Hearts	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting	10:00 AM - Line Dance	10:00 AM - Tai Chi	8:15 AM - Aerobics 11 - Veteran's Day
13	14	15	16	17
8:15 AM - Aerobics 10:00 AM - Mah Jongg 1:00 PM - Happy Hearts	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting 1:00 PM - Bingo	9:00 AM - Food Distribution Health Clinic 10:00 AM - Line Dance Noon- 1:30 PM - Friends of COA lunch 2:00 PM - Movie "Shall We Dance"	9:00 AM - Tai Chi 10:00 - 5:00 -Podiatry	8:15 AM - Aerobics 10:30 AM - Coffee Talk 11:00 AM - Friends of COA
20	21	22	23 Closed	24 Closed
10:00 AM - Mah Jongg 1:00 PM - Happy Hearts	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting	10:00 AM - Line Dance		
27	28	29	30	1
10:00 AM - Mah Jongg 1:00 PM - Happy Hearts	9:00 AM - Yoga 10:30 AM - Tai Chi 11:30 AM - Quilting 1:00 PM - Bingo	10:00 AM - Line Dance	10:00 AM - Tai Chi	8:15 AM - Aerobics

Across

1. Mexican coins
6. No ifs, _____, or buts
10. Picnic intruders
14. Texas landmark
15. Look
16. Stolen goods
17. Carved pole
18. Five-sided base (2 wds.)
20. Of the backbone
22. Advance upon
23. Skirt's edge
24. Craving
25. "Viva _____ Vegas"
27. Met solo
29. Engine part
31. Phonograph records
35. Endanger
38. Bert's friend
39. Gardening tools
40. Pointed weapon
43. Tiny insect
44. Helps a crook
46. Upset
48. Keepsake
49. Gridiron number
50. Bun
52. Bear's hideaway
53. Battering _____
56. Can metal
59. Banister
61. Washington city
63. Exactly alike
66. Snouts
67. Tiny opening
68. Glamorous _____ Hayworth
69. Contaminate
70. Narrow opening
71. Brood
72. Winter toys

**Down**

1. Sucker
2. Secretly marry
3. Lustrous fabric
4. Harbinger
5. Kenya's neighbor
6. Fire leftover
7. Inert gas
8. Dishonor
9. Greasy streak
10. Total amount
11. Ark skipper
12. Haul
13. Mushroom part
19. Vanity

21. Endures
26. Stair part
28. Aviator
29. Annoy
30. Laker Shaquille _____
32. Irritated state
33. Quote
34. Sow
35. "All _____ Jazz"
36. Tramp
37. Smell strongly
41. Old
42. Metal bolt
45. Scornful sound

47. Renters
49. Draw out
51. Animals' homes
53. _____ O'Donnell of TV
54. Make right
55. Sail supports
56. Bits of advice
57. Revered person
58. Fiddling emperor
60. Not punctual
62. West Virginia product
64. Butterfly snare
65. Regulation

HAPPY HEARTS

Meet every Monday

1:00 p.m.

Activity Room - Town Hall

For info call: Lorraine Judge, 508-672-2892

	4				7			
	3				8		9	
5	9	1			6			8
		9				6	1	
			3		1			
	7	5				3		
9			7			8	6	1
		8		5			7	
			6				9	

Daily SuDoku: Fri 20-Oct-2017

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5	6	4	8	1	9	3	2	7
3	7	2	9	5	4	8	1	6
1	6	8	3	2	7	4	5	9
9	2	3	4	6	8	5	7	1
7	8	5	1	9	3	2	6	4
4	1	6	2	7	5	9	8	3
8	3	7	6	4	2	1	9	5
6	4	9	5	8	1	7	3	2
2	5	1	7	3	9	6	4	8

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Puzzle Solution © OnlineCrosswords.net

P	E	S	O	S		A	N	D	S		A	N	T	S
A	L	A	M	O		S	E	E	M		L	O	O	T
T	O	T	E	M		H	O	M	E	P	L	A	T	E
S	P	I	N	A	L		N	E	A	R		H	E	M
Y	E	N		L	A	S		A	R	I	A			
			P	I	S	T	O	N		D	I	S	C	S
T	H	R	E	A	T	E	N			E	R	N	I	E
H	O	E	S		S	P	E	A	R		M	I	T	E
A	B	E	T	S			A	G	I	T	A	T	E	D
T	O	K	E	N		E	L	E	V	E	N			
			R	O	L	L		D	E	N		R	A	M
T	I	N		R	A	I	L		T	A	C	O	M	A
I	D	E	N	T	I	C	A	L		N	O	S	E	S
P	O	R	E		R	I	T	A		T	A	I	N	T
S	L	O	T		S	T	E	W		S	L	E	D	S

Council on Aging
1 North Main Street
Berkley, MA 02779

Return service requested

PRESORTED STANDARD

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newsletter is made possible
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Massachusetts Executive
Office of Elder Affairs*

R E M E M B E R

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Council on Aging Holiday Luncheon

Turkey Dinner and Entertainment

Reservations are a must by November 27th!