



Berkley Council On Aging Newsletter

October 2019

BOARD MEMBERS:

Chair - Vacant; Vice Chair - Margret Clark-Moroff; Program Coordinator and Acting Secretary– Nancy Thompson;
Member– Loretta Marshall
Mary Shilonski—Associate Member

Mission Statement

To promote and support Berkley Seniors to stay safe and active, participate in programs, enjoy life and to stay in their own homes for as long as possible.

SOS COA SOS

We at the COA have reached a critical point. We currently have three members on the COA board. If we lose a board member, the COA will cease to exist.

There will be NO activities, no trips, no ceramics, essentially the center will close.

We need new Board members. We meet once a month. Generally the first Thursday of the month for 2 hours. Please help keep the COA functioning. For more information please call 508-821-3105.

Up coming events

October 12 - Walk Around The Common - All ages welcome - Call COA for more information. 508-821-3105.

October 16 - Ceramics - 1:00 p.m. - Ceramic Christmas tree, free to Berkley Seniors, \$20 for others. Please reserve a spot.

October 22 - Manicures - starting at 11:00 a.m. through 2:00 p.m. - Please reserve a spot.

October 30 - Homestead Act— 1:00 p.m. - Barry Amaral, Bristol County Register of Deeds presenting.

**Important Phone
Numbers**

**FIRE/ POLICE
MEDICAL**

911

Attorney General's

Elder Hotline

(10-5) M-F (888) 243-5337

Berkley

Council on Aging

(508) 821-3105

CouncilOnAging@berkleyma.us

Bristol Elder Services

(508) 675-2101

Citizens for Citizens

(508) 823-6346

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Food/Rent/Mortgage

Assistance (508) 823-6346

Fuel Assistance

(508) 679-0041

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MA Council on Aging

www.mcoaonline.com

SHINE

(508) 821-3105

State Senator Marc Pacheco

District Office 508-822-3000

State House 617-722-1551

State Rep.NORMAN ORRALL

9:30—10:30 a.m., Town Hall

1st Monday of each month

Veterans Services

Donald Hirschy

(508) 669-4524

Newsletters are available on the Town of Berkley website.

www.townofberkleyma.com

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Scroll down to find the current newsletter.

The Pop Up Library is moving from Monday to Thursday. The Pop Up library will be open from 8:00 –12:00.

Attention: We are trying to keep our exercise programs free. We will be relying on donations to do this. We have noticed that donations have been falling off. Please donate what you are able.

OCTOBER 2019

Sun Mon Tue Wed Thu Fri Sat

		1 9:00 Yoga 10:30 Tai Chi 11:30 Quilting	2 10:00 Body In Motion	3 8-12 Pop Up Library 9:30 Tai Chi 2:00 Bridge?	4 8:15 Aerobics 9:30 Chair Yoga 10:15 Coffee	5
6	7 8:15 Aerobics 9:00 Italian 10:00 Mah Jong 12:30 Happy Hearts	8 9:00 Yoga 10:30 Tai Chi 11:30 Quilting 1:00 BINGO	9 10:00 Body In Motion	10 8-12 Pop Up Library 9:30 Tai Chi 2:00 Bridge?	11 8:15 Aerobics 9:30 Chair Yoga 10:15 Coffee Chat	12 Noon - Walk Around the Common
13	14 Columbus Day	15 9:00 Yoga 10:30 Tai Chi 11:30 Quilting	16 10:00 Body In Motion Ceramics 1:00	17 8-12 Pop Up Library 9:30 Tai Chi 2:00 Bridge?	18 8:15 Aerobics 9:30 Chair Yoga 10:15 Coffee Café	19
20	21 8:15 Aerobics 9:00 Italian 10:00 Mah Jong 12:30 Happy Hearts	22 9:00 Yoga 10:30 Tai Chi 11:30 Quilting 1:00 BINGO Manicures by appt	23 9:00 Brown Bag + Health Clinic 10:00 Body In Motion	24 8-12 Pop up Library 9:30 Tai Chi 2:00 Bridge?	25 8:15 Aerobics 9:30 Chair Yoga 10:15 Coffee Café	26
27	28 8:15 Aerobics 9:00 Italian 10:00 Mah Jong 12:30 Happy Hearts	29 9:00 Yoga 10:30 Tai Chi 11:30 Quilting	30 10:00 Body In Motion 1:00 - Home- stead Act	31 8-12 Pop up Library 9:30 Tai Chi 2:00 Bridge?	508-821-3105	

**Council on Aging
1 North Main Street
Berkley, MA 02779**

**PRESORTED STANDARD
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