BERKLEY COUNCIL ON AGING MINUTES OF MEETING APRIL 4, 2023

Board Present: Margaret Moroff, Arlene Medeiros, Cathy Charette, Kathee Strozyk, and Carol Buote

I. Call to Order

Margaret Moroff called the meeting to order at 9:04 a.m.

II. Margaret Moroff announced that the meeting is being videotaped.

III. Acceptance of Prior Minutes

- 1. Arlene Medeiros motioned to accept the minutes from **12/08/22**, Carol Buote seconded the motion. The board voted unanimously in favor.
- 2. Arlene Medeiros motioned to accept the minutes from **12/15/22**, Kathee Strozyk seconded the motion. The board voted unanimously in favor.
- 3. Arlene Medeiros motioned to accept the minutes from **01/05/23**, Cathy Charette seconded the motion. The board voted unanimously in favor.
- 4. Arlene Medeiros motioned to accept the minutes from **02/02/23**, Kathee Strozyk seconded the motion. The board voted unanimously in favor.
- 5. Arlene Medeiros motioned to accept the minutes from **03/02/23**, Carol Buote seconded the motion. The board voted unanimously in favor.

IV. FY 2023 Budget Update – Arlene Medeiros provided the budget update as of March 31, 2023

- 1. Town Budget Balance: Salary Account = \$21,609.46, Other Expenses = \$2,822.66
- 2. Formula Grant: \$16,925. Accounting office is working to close out FY22 Account and provide a verified balance.
- 3. Earmark Grant: \$7,219.87. This has to be spent by June 30, 2023.
- 4. Program Donations Balance: \$5,704.80
- 5. General Donations Balance: \$4,364.36
- ٧. Events – Margaret Moroff discussed the start of Chair Yoga. Attendance was at approximately 15. The center is hosting a spring craft with Amy King and 35 people have signed up. Pagano creations is scheduled for ceramics for the next 3 months. The blood pressure clinic for April was canceled. Foxwoods is April 26th and there is still room on the bus. Margaret Moroff continued speaking about events including recent events at the center. She talked about the Beatles Program which was well attended by close to 70 people. It was an interactive presentation about the history of the Beatles. Margaret Moroff talked about the Newport Playhouse trip that was sponsored by the Friends of the COA. It was an excellent trip. Margaret mentioned that the COA would like to keep as many events free of charge but the center could really use donations. \$2.00 is the suggested donation for each exercise program. The board discussed scheduling Lunch on the Farm at Chamberlain Farm. Arlene Medeiros suggested reaching out to the Friends of the COA group to sponsor the event. The board discussed opening the event to seniors outside of Berkley. Krista Celia suggested opening signups to Berkley residents first and Margaret Moroff suggested holding off putting out the sign-up sheets until after the newsletter has been mailed. So that people

who don't come into the center as often will have a chance to sign up. Arlene Medeiros suggested having a sign up for Berkley residents and a sign up for the Friends of the COA. Margaret Moroff suggested allowing Berkley residents to sign up first, followed by Friends of the COA, finally opening it up to out-of-town guests as space allows. Margaret said the board usually caps attendance at 100 people. The board discussed ways to bring more men into the center. Margaret Moroff suggested fishing, Carol Buote suggested a food event and Kathee Strozyk suggested golf. Margaret Moroff mentioned having the police and fire chiefs in the center to meet the seniors and answer questions. Arlene Medeiros discussed the upcoming candidate's night. Arlene Medeiros talked about bringing Midsummers Night Dream to the center. Alberto the Italian teacher is part of a theater group. Margaret Moroff said she would check with the Friends of the COA about sponsoring it.

- VI. Friend of the COA Margaret Moroff talked about the Friends having a lot of activities available and the sign-up sheets are out in the Senior Center. Events mentioned were the Woosox and Maine Trip.
- VII. Correspondence The board received a public records request from Wendy Cochrane
- VIII. Margaret Moroff made a statement that politics are not allowed in the center or during classes.
- IX. Notice of next meeting date is May 4, 2023 at 9:00 a.m.
- X. Arlene Medeiros motioned to adjourn at 9:36, Cathy Charette seconded the motion and the board voted in favor.