



THE BERKLEY BEACON

Town of Berkley
Council on Aging
1 North Main Street
Berkley, MA 02779

Our Offerings

- Aerobics
- Tai Chi
- Quilting & Knitting
- BINGO
- Yoga
- Mah Jong
- Cards/Board Games
- Body in Motion
- Painting & Crafts
- Ceramics
- Coffee Talk Café
- Chair Yoga
- Presentations

Individual Highlights

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April



MISSION STATEMENT

To promote and support Berkley seniors to stay safe and active, participate in programs, enjoy life, and stay in their own homes for as long as possible.

Mother's Day Brunch

Wednesday, May 8th
11:30 a.m. in the senior center.

Join the Friends of Berkley Council on Aging in celebrating Mother's Day. Our brunch will conclude with a special folk music presentation.

\$5.00 per meal

Songs and Stories of The American Folk Revival

Andrew Lewis and Michael Shea will present a little over an hour of songs and stories from the American Folk Revival that aligned itself to the social and political movements of the late 50s and through the 60s. Most of the songs are well known and the audience will surely be singing along!

Space is limited for this special brunch musical event.
Prior registration is required.
Please call the COA at 508-821-3105 to sign up.



This program is supported by a grant from the Berkley Cultural Council, a local agency, which is supported by the Ma. Cultural Council, a state agency.

CALL THE COA WITH ANY QUESTIONS OR CONCERNS @ (508) 821-3105

Ceramics

with Pagano Creations



Wednesday, May 22, 2024
12:00 p.m.

Paint a 4x6 picture frame, stencils available

\$10 Berkley Residents
\$20 Nonresidents

Call today or sign up in the senior center.
508-821-3105

Spring Card Making Workshop

Thursday April 4th
9:00 - 10:30 am

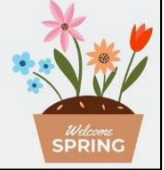


Lestyn will be teaching
A Spring Card Making Workshop

Open to folks 55 & over
Registration is Required @ 508-821-3105
\$5 for Berkley Residents \$10 for everyone else
Create your own cards and learn some new skills!
Please bring scissors & a glue stick

Berkley Town Hall
1 North Main St
Berkley, Ma 02779

Enter building behind mailbox.
Take a right and a right.
Doors open at 8:45 am



ARTS & CRAFTS

BUTTON ART Workshop with Amy

Create a unique design using buttons (along with other materials)
Ideas pictured below are for inspiration only...Be creative & have fun!



Thursday, April 25th at 2:45 p.m.
at the Berkley Senior Center

RESERVE YOUR SPOT TODAY!

\$10 for Berkley Residents
(\$20 for Out-Of-Town Guests)
includes all supplies & instruction

Crochet for a Cause

Water Filter Protectors

Thursday, May 9th
9:30 a.m. - 11:00 a.m.



Let's use your crocheting talent to help others in need. Rose Thomas will be guiding you through this simple project. You will crochet a water filter protector which will be given to people in impoverished areas where water quality is poor. Please bring size G or H crochet hooks and leftover yarn you may have from a previous project. Acrylic or cotton yarn works best. Some yarn will be available in the COA. Sign up in the senior center or by calling 508-821-3105.

Town of Berkley



Debt Exclusion Information Session

Saturday, April 6th, 2024

10:00 a.m. – 12:00 p.m.

Council on Aging Room, Town Hall

Join the Members of the Board of Selectmen and the Town Administrator for a discussion on the upcoming debt exclusion for the Bristol Plymouth High School construction.

- Learn about the impacts to your household
- Discover the effects of the Bristol-Plymouth debt on the Town of Berkley Budget
- Discuss Berkley's fiscal future



The April Menu is available in the Council on Aging.

Do You Know What to do in a Medical **Emergency?**

Thursday, April 18th
9:00 a.m.

Please join Berkley Firefighter/EMT Liza Amaral as she goes over important things to remember during a medical emergency.

Bring your questions!

Coffee and doughnuts will be available.

Sign up in the senior center or by calling 508-821-3105

Berkley Fire/Rescue Blue Address Sign Campaign



The Berkley Fire Department is offering **FREE** signs for residents who are 65+ All other signs are \$20.

These signs help members of the fire department locate your house during an emergency, when every second counts! Sign applications are available to pick up at the Berkley Council on Aging. If you would like assistance mounting your sign, please contact the fire department at 508-822-7516

April

ACTIVITIES & MEETING SCHEDULE



IMPORTANT REMINDERS

AEROBICS – Daily at 8am on Channel 9

TAI CHI – 3 Grove Street, Berkley

BINGO – Held every other Wednesday.

BROWN BAG – 4th Wednesday of the month.

HAPPY HEARTS – Thursday 12:30 p.m. – 2:30 p.m.

FRIENDS OF COA – 1st & 3rd Wednesday of the month @ 10:15

COA Meeting – 2nd Thursday of the Month @ 9:30 a.m.

Monday	Tuesday	Wednesday	Thursday
1	2	3	4
9:00 Italian Lessons 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:15 Friends of the COA Meeting 10:30 Grab n Go 12:30 BINGO	9:00 Card Making Class 10:30 Tai Chi 12:30 Happy Hearts
8	9	10	11
9:00 Italian Lessons 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:30 Grab n Go 12:00 Lunch & Learn	9:30 COA Meeting 10:30 Tai Chi Happy Hearts Off Site Event
15	16	17	18
Closed Patriots Day	8:45 Yoga Canceled 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:15 Friends of the COA Meeting 10:30 Grab n Go 12:30 BINGO	9:00 Medical Emergency Workshop 10:30 Tai Chi 12:30 Happy Hearts
22	23	24	25
9:00 Italian Lessons 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga Manicures by Appointment	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:00 Brown Bag 10:00 Blood Pressure 10:30 Grab n Go 10:15 Lake Pearl	10:30 Tai Chi 12:30 Happy Hearts 2:45 Painting with Amy
29	30		
9:00 Italian Lessons 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	If you sign up for an event and can no longer attend, please call the COA to cancel in advance.	Activities in BOLD require prior sign-up to attend

Happy Hearts Senior Club

The Happy Hearts Senior Club resumed their activities in March. It is never too late to become a new member and join in the fun!

During the month of March, the Happy Hearts celebrated St. Patrick's Day with a corned beef and cabbage lunch and musical entertainment by Tom Bruhl Music.



Busting Myths and Getting Savvy About Senior Living **Wednesday, June 5th at 11:30 a.m.**

Please join Jodi Tolman, a senior living expert for this informative program. Learn all about how independent living differs from assisted living, memory care, and skilled nursing; when is the right time to make a move; how to find just the right community for yourself or a loved-one; what will it cost; and how will you pay for it! Jodi is the Regional Marketing Consultant with **Oasis Senior Advisors** who provide a face-to-face, personalized and **completely free** concierge service to help seniors avoid the often overwhelming, confusing and time-consuming research necessary to find the right option. Oasis's advisors make what can be a daunting and difficult process easy. **Adult children are welcome and encouraged to join their loved-ones** for this very important program!

Kindly call the COA to register at (508) 821-3105.

Lunch will be served!!



April at the Berkley Public Library

Did you miss the library visioning forums? There's still a way to participate and get some information about what is happening with the future of our aging library.

Where are we now? Our library has had very few updates to the building since opening in 1918. It is not handicap accessible and is often times difficult for seniors or families to safely navigate. Our bathroom is inadequate and we lack space for our ever-growing town. The newly formed library building committee is working on an application for the Massachusetts

Board of Library Commissioners upcoming grant round. As part of the process, the committee needs town support. How can you help? By advocating for the library at Town Meetings, Joining the Friends of the Berkley Library, making a donation and spreading the word. We would love to hear your thoughts. Please help us out by taking our survey that lets us know what is important to you in regards to your library. The survey, along with our library statistics, can be found on our website under the Construction Grant link. You can also pick up a paper survey inside the library.

For April, the No Stress Book Club is reading *The Thread Collectors* by Shauna Edwards & Alyson Richman. The meeting will be Thursday April 4th at 6:00 p.m.

berpl@sailsinc.org

508-822-3329

Manicures with Kerrie Ann

Monday, April 22nd

10:00 – 1:00

\$12 plus tip

Call the center today to schedule your appointment.

Reminder

Lunch and Learn

Wednesday, April 10th at 12:00 PM

Shopping on a Budget

Signup is full, Waitlist Available

Reminder

Fishing Trip

Tuesday, May 21st

6:00 a.m. – 1:00 p.m.

Signup is full, Waitlist Available

FRIENDS OF BERKLEY COA

SAVE THE DATES



For questions related to trips, please contact Roberta Poli at 508-208-1634 robertabeth@verizon.net

May 8 Brunch Celebrating Mother's Day

Sign up in the COA activity room. This month we are having a Brunch for \$5.00 per person at 11:30 a.m. Followed by a musical presentation, The American Folk Revival.

Registration Required



May 21st Fishing Trip

6:00 a.m. to 1:00 p.m. Sailing from Onset, MA. Limited space to the first 15 people. Please sign up in the COA activity center or contact Rose Thomas at 508-496-0050. Cost is estimated \$145.00. This includes access to the vessel, and boxed lunch.



June 12, 2024 Heritage Museum & Garden, Sandwich MA
Lunch at the Daniel Webster Inn for a buffet. Sign up in the COA activity room. \$115.00 per person which includes transportation, lunch, and gratuity.



September 17 – 20, 2024 4 days in Lake George including 3 nights logging at the Surfside on the Lake, 3 breakfast buffets, baggage handling, NY State Museum, 2 nights dinner, dinner theater, tours of Lake George and Saratoga, admission to the Racing Museum and a boat ride with luncheon
A \$100.00 deposit is required upon sign up. Additional payment of \$200.00 due by May 1st and final payment is due by August 1, 2024. Total Cost is \$860.00 double occupancy or \$1040.00 Single occupancy.



August 14, 2024, Beauport Cruise & Lunch.

Lobster Buffet: traditional Ipswich clam chowder served with oyster crackers, tabasco sauce, & freshly cracked black pepper, New England steamed lobster-1.25 pounder, BBQ chicken hot off the grill, poppy seed coleslaw, potato salad, corn on the cob, freshly baked rolls, chocolate mousse, and a coffee and tea station.



We need a minimum of 46 people to sign up. Sign up is coming soon!

September 7th Craft Fair
We are looking for vendors.

Please contact Elisabeth Monkowski at 508-822-7597 or 508-828-0305 or by e-mail elisabethv70@comcast.net

4th of July free hot dog lunch & live entertainment at the Berkley Common.

MOMENTS FROM THE MUSEUM

The History of the Berkley Library: Part 2

Prior to the current building, on September 23, 1893, in a small room to the right of the entrance of the Old Town Hall on the Common, the Berkley Public Library was opened. It contained 220 volumes, 169 of which were presented by the Commonwealth of Massachusetts, and 51 of which were from Berkley citizens. Miss Julia Burt was the first librarian at an annual salary of \$15.00. The library was open only on Saturday afternoons. By 1900 the library collection had grown to 806 books and Miss Burt's salary had risen to \$25.00 a year.

Through the years, improvements including the installation of electricity, a heating system, and indoor plumbing were made. The charm of the fireplace and the large windows that surround the building and provide natural light remain. The building is otherwise true to its original design.

In 1986 the library joined the Automated Bristol Library Exchange (ABLE) a network of libraries agreeing to share materials. In 1995, ABLE merged with the SEAL network adding libraries along the south coast of Bristol and Plymouth counties. The new organization became known as SAILS. The present membership includes more than 70 public, academic and school libraries in over 40 communities. Member libraries have access to more than 3.7 million books and other materials.

Berkley Public Library

Then



Now



Submitted by Eden Jones

Visit the BHS Museum

Tuesday, 10:00 – 1:00

2 North Main Street, Berkley.

Located on the Common across from the Safety Building

COUNCIL ON AGING
TOWN OF BERKLEY
1 NORTH MAIN STREET
BERKLEY, MA 02779

DO NOT FORWARD

PRESORTED STANDARD

U.S. POSTAGE PAID

TAUNTON, MA

PERMIT # 73



CURRENT RESIDENT OR

**NOT YOU?
PLEASE CALL
508-821-3105**



STAFF

Krista Celia, Director
Karen Fisher, Outreach Coordinator

Coassistant@berkleyma.us
Kfisher@Berkleyma.us

BOARD MEMBERS

Margaret Clark-Moroff, Chair Carol Buote Cathy Charette Arlene Medeiros Kathleen Strozyk

SOCIAL MEDIA

Facebook: Berkley Council on Aging Instagram: berkleycouncilonaging
Website: TownOfBerkleyMA.com/council-aging

COUNCIL ON AGING HOURS OF OPERATION

Monday – Thursday: 9 a.m. to 2:30 p.m.
Friday: CLOSED

NEWSLETTER REMINDER

In an effort to save money to print our newsletters, please call us to let us know if you wish to be taken off of our mailing list or if you will temporarily be away from your residence.

Newsletters can also be viewed on our website:

<https://www.townofberkleyma.com/council-aging/pages/newsletters>

The distribution of this newsletter is made possible by a grant from the Massachusetts Office of Elder Affairs.